



nature philosophy

Thank you for booking into the NATURE 1 program.

22nd – 26th March, 2017

Below is your list of what to bring and arrival/departure information.

We're excited to have you join us!

Nature 1 Equipment List

- Waterproof tent, sleeping bag and pad.
- Mosquito net (optional for spring, summer courses)
- Comfortable clothes for 4 days – including shorts, long sleeved tops, warm woollen socks, broad rimmed hat & sneakers/hiking sandals. Please ensure you have clothes that will accommodate a temperature range from 10° C – 30° C and wet weather.
- Wet weather rain jacket.
- Swim suit, towel & sunscreen.
- Personal toiletries.
- Note pad and pen. Recording devices optional.
- One scarf which is large enough to be tied around your head.
- Personal cutlery, plate, bowl & mug.
- Small rug or pillow to use while sitting down outside.
- Folding chair for sitting optional. Please bring a chair if sitting on the floor or on logs for long periods of time strains your back.
- Personal Medicine Item – a “personal medicine” item is a natural object (e.g. feathers, carvings etc...) which in some way symbolises your decision to come to this class. This will be a give-away object, so please be prepared to part with your personal medicine item during the class.
- Aqua shoes or thick woollen socks – used for walking through wet, slippery areas. Available from K-mart or Big W.
- A non-folding knife with a sheath (approx 10 cm blade). The knife will be used for wood carving. Most Army Disposal stores stock these knives.
- A set of tan or camouflaged coloured clothes which you are willing to get dirty. E.g. swim suit or a top and small pair of shorts.



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Arrivals & Departures

Arrivals on the first day of class are between 2pm & 4pm. Our last group pick up from the car park will be at 4pm. Please ensure that you leave enough time for travel so you can arrive on time. Please also ensure that you grab everything you need from your car for the entire 4 days as we will not be able to return to the Car Park for forgotten items.

Camp set up will be between 4 - 6pm and dinner will be served at 6.30pm. Class starts straight after.

Departures on the last day of class will be at approx 3 - 4pm from the Car Park.

Directions – Glenreagh, NSW

Venue location: 1906 Sherwood Creek Rd, Glenreagh, NSW

CAR

If heading North on Pacific Hwy from Coffs Harbour...After the 2nd Woolgoolga EXIT take the LEFT turn off the Pacific Hwy onto Sherwood Creek Rd. You will see a sign for Glenreagh 27km & Upper Corindi 14 kms. After turning LEFT follow that road for exactly 19.06 km. It is both tar and dirt, please go slow and be careful on the corners of the dirt road. After 11kms on Sherwood Creek Rd make sure to veer LEFT and DO NOT go straight onto Red Range Rd. Follow the street sign which goes to the left for Glenreagh – 16 kms.

At 19.06 kms on Sherwood Creek Rd you will reach a drive way on your right. It is the first driveway on the right just after Athol Glen Rd on the left. You will see 'JOHN' on the letter box and '1906' on the gate. Go through the gate, keep it closed once you drive through and continue straight down the road to the next gate. Do not go through the second gate. Park your car off to the side of the road and wait for us to arrive and ferry you to the property. Please arrive at the CAR PARK no later than 4pm.

If heading South on Pacific Hwy from Grafton...After the LEFT turn off for Corindi Beach at Tasman ST take the next RIGHT EXIT off the Pacific Hwy onto Sherwood Creek Rd. You will see a sign for Glenreagh 27km & Upper Corindi 14 kms. After turning RIGHT follow that road for exactly 19.06 km. It is both tar and dirt, please go slow and be careful on the corners of the dirt road. After 11kms on Sherwood Creek Rd make sure to veer LEFT and DO NOT go straight onto Red Range Rd. Follow the street sign which goes to the left for Glenreagh – 16 kms.

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TRAIN

There will be one pick up time available from Coffs Harbour train station on the first day of class at approx 2 pm and we can drop you off at approx 4 pm on the final day of class. Please call us about a week before class starts if you need us to pick you up. Bookings are made through the XPT Countrylink Service.

PLANE

We can pick you up from Coffs Harbour airport at 1-2 pm on the first day of class and we can drop you off at approx 4 pm on the final day of class. Please let us know a week before class if you need us to pick you up. We would recommend booking through Virgin Blue.

**** PLEASE NOTE THERE IS NO PHONE RECEPTION AT THE VENUE AND LIMITED RECEPTION AT THE CAR PARK.**

If you have any questions please be in touch.

Dan's Mob: 0422 609 990 Email: info@naturephilosophy.com.au